



MP23 Week One Lecture Hand Out
Title: The Mind

Welcome

The Team

Confidence

Doubt

What is Mentorship

Innate Qualities

Who Is Doing the Healing

Your Body Makes You Human

Is the Body Is Faulty?

Does the Body Makes Errors?

The Nine Palaces

Cultivating Awareness

History, the Nei Jing and the Mind

Understanding the Mind

Wu Ji and the Mind